# SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

# **SAULT STE. MARIE, ONTARIO**



# **COURSE OUTLINE**

**COURSE TITLE:** Psychopathology of Childhood and Adolescence – 1B

CODE NO.: CYW320-3 Semester: 6

**PROGRAM:** Child & Youth Worker

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**DATE:** Jan 2009 **PREVIOUS OUTLINE DATED:** Jan 08

**APPROVED:** 

CHAIR DATE

**TOTAL CREDITS:** 3

**PREREQUISITE(S):** CYW 300-3 Psychopathology –

Childhood and Adolescence 1A

**HOURS/WEEK:** 3

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School of Health & Community Services

(705) 759-2554, Ext.2603

# I. COURSE DESCRIPTION:

This course will build on the competencies developed in CYW 300 ((Psychopathology of Childhood & Adolescence 1A) and will examine a range of disorders of childhood, adolescence and young adulthood not previously addressed. These clinically challenging psychopathologies will be examined from a holistic perspective (including biological, psychological and social factors). Each psychopathology will be explored intensively with respect to its impact on the individual, the family and the community. Extensive examination of symptoms, causes, treatment and prevention approaches will be included.

The risk factors of suicide comorbid with mental illness will be included as a special topic and as an application to the study of crisis intervention (CYW307-2) Special emphasis will be placed on assessment, case formulation, and intervention and treatment strategies from the Child & Youth Worker perspective.

#### II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Apply knowledge of standard developmental patterns from physical, psychological, social and cognitive perspectives to demonstrate an understanding of a variety of psychopathologies not previously addressed in CYW300.

# Potential Elements of the Performance:

- Identify and reintegrate knowledge of normal developmental patterns from the various perspectives as applied to particular psychopathological case studies.
- 2. Collect, analyze and organize relevant and necessary information from a variety of professional sources in order to develop effective intervention strategies which meet the needs of children, youth, families and communities in relation to an expanded range of psychopathologies.

### Potential Elements of the Performance:

- Describe and utilize the classification and assessment processes applicable to the study of identified mental health issues.
- Recognize and present the rationale for assessment of the signs and symptoms of the major areas of psychopathology in both oral and written formats.
- Assess behavioural, developmental and psycho-social strengths and needs of clients.

- Negotiate reasonable and realistic goals with and for clients and families.
- Implement intervention and treatment strategies which respond to identified needs.
- Evaluate strategies used and make necessary adjustments to attain identified goals.
- 3. Communicate effectively in both oral and written formats as is appropriate for professional Child and Youth Workers.

# Potential Elements of the Performance:

- Demonstrate knowledge of terminology in the study of mental health (including common pharmacological and clinical terms).
- Utilize the vocabulary and terms appropriately in case work, presentations and group and individual written assignments.
- Demonstrate the role of the child & youth worker in relation to intervention and treatment issues through the application of the case formulation model to case studies.
- Recognize and explain signs and symptoms of an extensive range of psychopathologies pertaining to childhood, adolescence and young adulthood in both oral and written formats.
- Evaluate the results of the communication and adjust in order to facilitate effective communication.
- 4. Design, implement and assess strategies which promote client advocacy and community education to enhance psycho-social development in children, youths and their families as per area of study.

#### Potential Elements of the Performance:

- Recognize the impact that various disorders have on the individual, family and community in terms of duration, severity and resources available.
- Assess, in collaboration with other professionals, potential groups and communities at risk.
- Evaluate the effectiveness of proposed treatment plans through research of current journals and in-class discussion.
- Implement, in collaboration with other professionals, strategies or programs which meet the identified needs of children, youth, families and communities as per area of study.

# III. TOPICS:

- 1. Applications (including treatment planning and intervention strategies) of the child & youth worker perspective to clinical case work (with special attention to the developmental, biopsychosocial and family system perspectives).
- 2. Current research relative to particular disorders
- 3. Classification, diagnosis and assessment issues related to identified disorders.
- 4. Major psychiatric disorders and issues not addressed in CYW300 including, but not limited to mood disorders including anxiety disorders, post-traumatic stress syndrome, obsessive-compulsive disorder, depression and bipolar illness; impulse control disorders, self-mutilation, schizophrenia, somatoform and dissociative disorders, personality disorders, etc. A focus on mental illness and suicide will also be included with a view to the identification of factors that indicate risk and the range of interventions that are indicated. The overall goal of the intervention strategies is to promote resilience.

# IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

- 1. Abnormal Child Psychology 2<sup>nd</sup> Ed. (which includes a four month subscription to Info Trac College Edt.) Mash & Wolfe
- 2. DSM-IV (4th Edition) American Psychiatric Association
- 3. Cites & Sources Haig, Raikes, Sutherland, Thomson Nelson.

### V. EVALUATION PROCESS/GRADING SYSTEM:

- 1. Using the clinical group format, students will prepare the following:
- 1) <u>Presentation</u> of a case study including assessment and treatment plan on an assigned topic area (according to guidelines to be provided in class)
- 2) An oral presentation and discussion of same.
- 3) The <u>written</u> document will be presented to the instructor on the day of the presentation

#### V. EVALUATION PROCESS/GRADING SYSTEM:

- 2. The paper and the presentation will summarize the essential features of the case, including strengths, needs, assessment (using the multi-axial and program formulation model) treatment goals and recommended treatment plan, utilizing specific methods learned in CCM3, as well as relevant research applied to the area of study. Local resources and the role of the CYW in treatment support must be included. (Grading criteria and agenda will be provided in the student assignment package.)
- 3. Each student will be assigned to a clinical group within the class, where they will be expected to work as a professional team member for the duration of the semester. The task of each group is to assess and formulate the case and then to identify and assess treatment issues as thoroughly as possible in the time allowed. The clinical work will occur before the assigned group presents its treatment plan.
- 4. There will be three open book in-class case studies. Due dates will be in student package.
- 5. There will be one *individual research paper* from a list of topics provided in the student package and related to areas of study from this course.

# **Evaluation Summary**

Individual in-class case studies	45%
(3 x 15%)	
Class presentation	20%
Clinical Group Participation	20%
Individual Essay	15%
	1000/
	100%

The following semester grades will be assigned to students in postsecondary courses:

	Grade Point
<u>Definition</u>	<u>Equivalent</u>
90 - 100%	4.00
80 - 89%	
70 - 79%	3.00
60 - 69%	2.00
50-59%	1.00
49% or below	0.00
	90 - 100% $80 - 89%$ $70 - 79%$ $60 - 69%$

CR (Credit)	Credit for diploma requirements has been awarded.
S	Satisfactory achievement in field/clinical
	placement or non-graded subject areas.
U	Unsatisfactory achievement in field/clinical
	placement or non-graded subject areas.
X	A temporary grade limited to situations with
	extenuating circumstances giving a student
	additional time to complete the requirements
	for a course.
NR	Grade not reported to Registrar's office.
W	Student has withdrawn from the course
	without academic penalty.

**Note:** For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

#### VI. SPECIAL NOTES:

#### Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), visit the Special Needs Office - Room E1101 or call Extension 2703 as soon as possible so that support services can be arranged for you. Subsequently you are encouraged to discuss with your professor accommodations required to enable you to meet the course competencies.

#### Retention of course outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

# Communication:

The College considers **WebCT/LMS** as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of the **Learning Management System** communication tool.

# <u>Plagiarism</u>:

Students should refer to the definition of "academic dishonesty" in *Student Code of Conduct*. Students who engage in "academic dishonesty" will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

# Course outline amendments:

The Professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

#### VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advance credit transfer (advanced standing) should obtain an Application for Advance Credit from the program coordinator (or the course coordinator regarding a general education transfer request) or academic assistant. Students will be required to provide an unofficial transcript and course outline related to the course in question.

Credit for prior learning will also be given upon successful completion of a challenge exam or portfolio.